



Menopause & Midlife Care

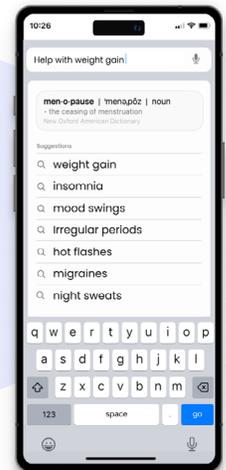
Provided by: Plumbers and Steamfitters Local 33

In menopause, it's easy to feel like you don't know where to turn for answers you can trust.

Let's take care of you

You deserve relief and a specialized team by your side — Progyny helps you access expert menopause providers and coaches so you can develop a holistic plan that meets your unique needs.

Understand your unique symptoms



You'll get:



Dedicated Progyny Care Advocate (PCA)



Virtual Care from Menopause Specialists



Hormonal & Non-Hormonal Treatment



MD-approved Educational Resources



Lifestyle Tips for Symptom Relief

Is there a cost?

Progyny is available to members and their covered spouse or domestic partner enrolled in an eligible plan. There is no cost to you for Progyny's resources, including unlimited coaching support and the app. If you have provider visits or prescriptions, you will have financial responsibility according to your medical insurance. Please reach out to your PCA to review coverage details.

Get started: Call 866.884.9358

Our PCAs are available M-F 9:00 am – 9:00 pm ET to answer all of your questions, as often as you need them.



Fertility and Family Building

Provided by: Plumbers and Steamfitters Local 33



Comprehensive Coverage

Fertility treatment (e.g., IUI, IVF, etc.) and family-building services for every unique path to parenthood.



Personalized Support

1:1 support from a Progyny Care Advocate (PCA) for expert guidance on your care journey.



High Quality Care

Convenient access to a network of top fertility specialists across the US.

Your Progyny benefit has been specifically designed to give you the best chance of fulfilling your dreams of family. No matter where you're at on your journey, you can lean on Progyny.

Your fertility treatment coverage is bundled into the **Progyny Smart Cycle**, our easy-to-use benefit currency. Each treatment type is valued as a portion of a Smart Cycle and includes all the covered services, tests, and treatments needed for standard care.

Your Progyny coverage includes:

- **Preconception and trying-to-conceive support** through coaching and digital resources
- **2 Smart Cycles** per family per lifetime for fertility treatment coverage (e.g., IUI, IVF, etc.)
- **Reproductive urology services** for sperm-related treatments
- **Progyny Rx** fertility medication coverage
- **Donor tissue** coverage for egg and sperm tissue purchase

Note: The person(s) receiving fertility treatment must be enrolled in an eligible medical plan through your employer to have access to the Progyny benefit. You are subject to financial responsibility according to your plan.

Get started:
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