



***Local 33 Hosts 13th Annual
Screening To Detect Your Risk For Stroke,
Heart Issues & Diabetes In Under 60 Minutes!***
Adult Health Plan participants screen FREE!

"I've been coming into the local's health fair for several years. 3 years ago, they notified me that I had a high A1C. This put me in a diabetic range. I thought I felt healthy so I never would have gone to the doctor and checked. I also never realized that this annual event could help me feel so much better. After seeing my doctor and making some changes to my diet and exercise I have cut my A1C in half. I can't believe how much better I feel!"

Craig Kirkpatrick - Plumbers & Steamfitters #33



SCAN ME

Best Western Starlite Village
1518 3rd Ave NW
Fort Dodge
Friday April 25
6:00 AM - 12:00 PM

Bridge View Convention Center
102 Church St
Ottumwa
Friday May 2
6:00 AM - 12:00 PM

Local 33 Union Hall
2403 Bell Ave
Des Moines
Wed May 7 - Sat May 10
6:00 AM - 12:00 PM

North Iowa Events Center
3700 4th St SW
Mason City
Thursday May 22
6:00 AM - 12:00 PM

Local 33 Union Hall
510 West 20th St
Sioux City
Friday May 30
6:00 AM - 12:00 PM

Appointments are Necessary!
Call 515-244-3080 to Schedule or Online at:
<https://local33.hgscreenings.com/>

Ultrasound Screenings

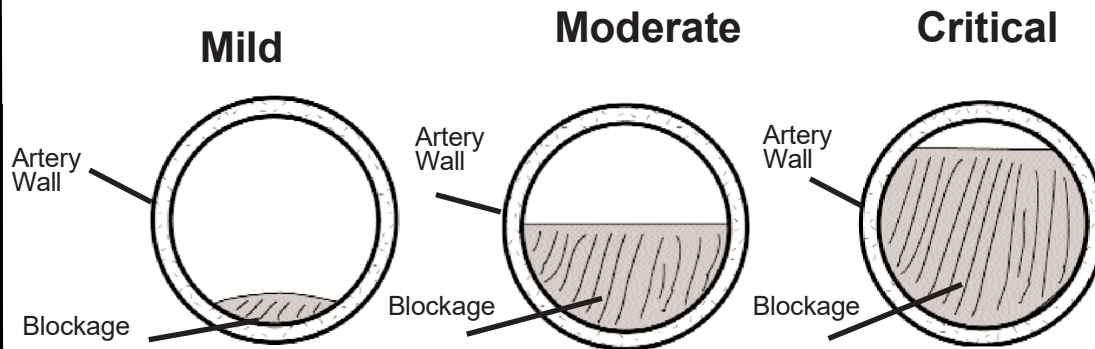
Stroke/Carotid Artery Screening
Abdominal Aortic Aneurysm (AAA)
Peripheral Arterial Disease (PAD)

Blood Work Screenings

- Chemistry Panel, Lipid Panel w/ Glucose
- Hematology Complete Blood Count (CBC)
- High Sensitivity-C- Reactive Protein (HS-CRP)
- Hemoglobin A1C
- Thyroid Stimulating Hormones (TSH)
- Prostate Specific Antigen (PSA)
- Vitamin D

Fasting is Optional - NOT required!

Artery Blockage



This blockage is a silent, progressive condition, that causes stroke and heart disease. This condition is treatable and the best way to detect your risk is with ultrasound screenings.

1 Stroke Screening

This screening visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

2 AAA Screening

This screening visualizes the existence of an aneurysm in the abdominal aorta that can rupture and be fatal.

3 PAD Screening

This screening checks for blockage in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease.

4 Hematology Panel

This test screens for abnormally high or low blood cell counts that may indicate the presence of many forms of disease.

5 Chemistry Panel

This test measures the health of your vital organs and over all blood health. This is an essential test that is typically requested by your doctor as a part of a routine check-up. It gives you and your doctor a clearer picture of your overall health.

6 PSA Screening

This test screens for prostate cancer by testing the level of PSA in the blood.

7 Thyroid Test

This test screens for thyroid disease. Signs often include weakness, dry skin, coarse hair, weight gain, muscle cramps, and hoarseness.

8 Hemoglobin A1C

The A1c test gives you a picture of your average blood glucose (blood sugar) control for the past 2 to 3 months.

9 HS CRP

This test is used to evaluate your risk of developing coronary artery disease, a condition in which the arteries of your heart are narrowed. Coronary artery disease can eventually lead to heart attack.

10 Vitamin D

This test is used to screen for or monitor bone disorders. Also used to check levels in people with chronic illnesses and certain autoimmune diseases.

Two Or More Conditions And You Are At Risk!

- ☐ Over 40 yrs. old
- ☐ More Than 20lbs. Overweight
- ☐ Family History of Strokes
- ☐ High Cholesterol
- ☐ Cigarette Smoking
- ☐ Diabetes
- ☐ High Blood Pressure
- ☐ Inactive Lifestyle
- ☐ Heart Disease
- ☐ TIAs - Minor Strokes
- ☐ Atrial Fibrillation
- ☐ Unhealthy Diet

Schedule Today!

Call 515-244-3080 or Online at:

<https://local33.hgscreenings.com/>