

# LiveHealth Online

## Plumbers & Steamfitters Local 33



### LiveHealth Online

**Easy, fast doctor visits. All from the comfort of your own computer or mobile device.**

Have a health question? Under the weather? With LiveHealth Online, you don't have to schedule an appointment, drive to the doctor's office and then wait for your appointment. In fact, you don't even have to leave your home or office. Doctors can answer questions, make a diagnosis and even prescribe basic medications when needed. The program is available 365 days a year, 24 hours a day, seven days a week (including holidays) anywhere you have an Internet connection.

With LiveHealth Online, you get:

- Immediate doctor visits through live video.
- Your choice of U.S. board-certified doctors.
- Help at a cost payable at 100% and is not subject to deductible.
- Private, secure and convenient online visits.

### Common treatments include:

- Cold/fever/flu
- Allergies
- Pink eye
- Sinus pain
- Sore throat
- Headache
- Vomiting
- Diarrhea
- Bronchitis
- Cold Sores
- Minor rashes
- Hives
- Trouble sleeping
- Ear pain

### To access this program:

1. Log on to [livehealthonline.com](http://livehealthonline.com).
2. Select **Sign Up** in the top right corner of the screen.
3. Complete the form to create your account and select **Finish**.
4. Review the physician profiles to select the one that's right for you and begin your consultation.

You will need your ID number from your ID card when creating your account in order for Anthem to identify you as a Plan participant.

LiveHealth Online is not intended for medical emergencies. If you experience an emergency, always call 911.



LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross and Blue Shield. Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), which underwrites or administers the PPO and indemnity policies; Compcare Health Services Insurance Corporation (Compcare), which underwrites or administers the HMO policies; and Compcare and BCBSWI collectively, which underwrite or administer the POS policies. Independent licensees of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.