



# Local 33 Hosts 9th Annual Screening To Detect Your Risk For Stroke, Heart Issues & Diabetes In Under 60 Minutes!

## Members and Spouses Screen FREE!

**"I should have taken advantage of this service years ago. I received my personalized blood work results in the mail 2 weeks following the event. The results were easy to understand which prompted me to see my doctor regarding my high fasting blood sugar levels and elevated A1C numbers. My doctor stated, "this is the best thing you have ever participated in and you should do this every year moving forward and that I was a diabetic waiting to happen." Thank you Local #33!" Dan Hildreth - Member Local 33**

**Best Western Starlite**  
Jct. Hwy 169 & 7  
Ft. Dodge  
Friday April 26  
6:00 AM - 12:00 PM

**Holiday Inn**  
701 Gordon Dr.  
Sioux City  
Friday May 3  
6:00 AM - 12:00 PM

**2501 Bell - Des Moines**  
Thursday May 9  
Friday May 10  
Saturday May 11  
6:00 AM - 12:00 PM

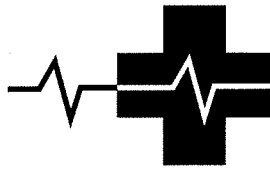
**Hampton Inn**  
943 Quincy Ave.  
Ottumwa  
Friday May 17  
6:00 AM - 12:00 PM

**Country Inn & Suites**  
4082 4th St. SW  
Mason City  
Thursday May 23  
6:00 AM - 12:00 PM

***Appts. are necessary. Call 515-243-3246 to schedule!***

Ultrasound Screenings	Blood Work Screenings
<ul style="list-style-type: none"> <li>Stroke/Carotid Artery Screening</li> <li>Abdominal Aortic Aneurysm(AAA)</li> <li>Peripheral Arterial Disease(PAD)</li> </ul>	<ul style="list-style-type: none"> <li>Hematology Panel (FBC)</li> <li>Thyroid Test (TSH)</li> <li>Prostate-specific Antigen (PSA)</li> <li>Chemistry Panel</li> <li>Hemoglobin A1C</li> <li>HS CRP</li> </ul>

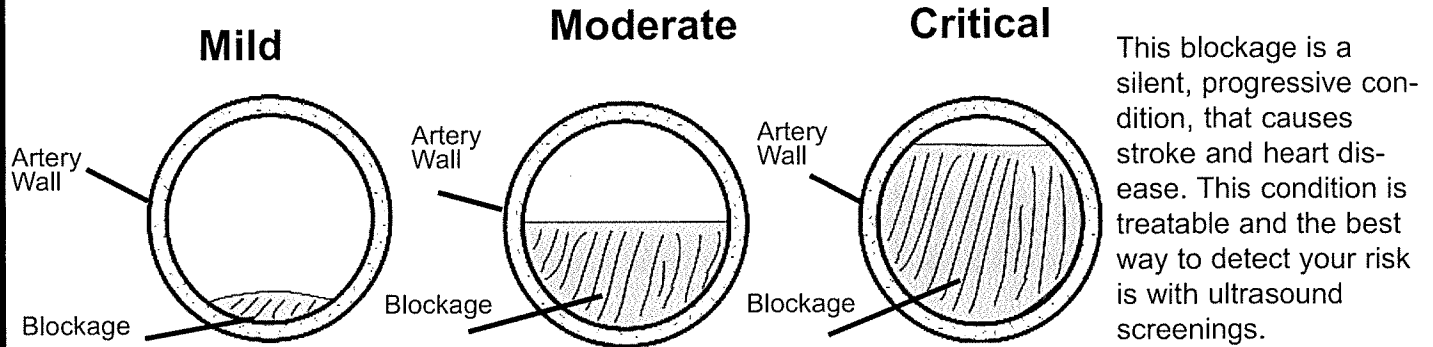
**8 Hour Fast Drink Water!**



# STROKE DETECTION *Plus*<sup>®</sup>

PREVENTION THROUGH EARLY DETECTION

## Artery Blockage



### 1 Stroke Screening

This screening visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

### 2 AAA Screening

This screening visualizes the existence of an aneurysm in the abdominal aorta that can rupture and be fatal.

### 3 PAD Screening

This screening checks for blockage in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease.

### 4 Hematology Panel

This test screens for abnormally high or low blood cell counts that may indicate the presence of many forms of disease.

### 5 Chemistry Panel

This test measures the health of your vital organs and over all blood health. This is an essential test that is typically requested by your doctor as a part of a routine check-up. It gives you and your doctor a clearer picture of your overall health.

### 6 PSA Screening

This test screens for prostate cancer by testing the level of PSA in the blood.

### 7 Thyroid Test

This test screens for thyroid disease. Signs often include weakness, dry skin, coarse hair, cold intolerance, constipation, weight gain, muscle cramps, hoarseness.

### 8 Hemoglobin A1C

The A1C test gives you a picture of your average blood glucose (blood sugar) control for the past 2 to 3 months.

### 9 HS CRP

This test is used to evaluate your risk of developing coronary artery disease, a condition in which the arteries of your heart are narrowed. Coronary artery disease can eventually lead to a heart attack.

## Two Or More Conditions And You Are At Risk!

- Over 40 yrs. old
- More Than 20lbs. Overweight
- Family History of Strokes
- High Cholesterol
- Cigarette Smoking
- Diabetes
- High Blood Pressure
- Inactive Lifestyle
- Heart Disease
- TIAs - Minor Strokes
- Atrial Fibrillation
- Unhealthy Diet

**Schedule Today! Call 515-243-3246**