

**How can I find out if my provider is in my Network?** You can find a list of participating providers by visiting the website and follow the instructions below:

1. Go to : <https://www.anthem.com/health-insurance/provider-directory/searchcriteria?refSource=other&brand=ABCBS>
2. 4. Select 'Search by Selecting Plan or Network' under Search as a Guest
3. 5. Select 'Medical' for type of care you are searching for
4. 6. Select State
5. 7. Select Plan - Medical – Employer Sponsored – National PPO BlueCard PPO
6. 8. Select and Continue
7. 9. Select Doctor/Med Prof or Hospital/Facilities under "I am looking for?"
8. 10. Select the specialty you are looking for from the drop-down box under "Who specializes in"-Recommended selection "All Specialties"
9. 11. Enter the city, and state or Zip code where you would like to find a provider, as well as how far you are willing to travel under "*Within a distance of*"
10. 12. Click on the *Search* button
11. 13. A list with participating providers that fit your criteria will appear

\*You may register your medical ID # and create a login to have more options

Please contact the Fund office at [\(515\) 243-3246](tel:5152433246) if you have questions about this information