How can I find out if my provider is in my Network? You can find a list of participating providers by visiting the website and follow the instructions below:

1. Go to: [https://www.anthem.com/health-insurance/provider-directory/searchcriteria?refSource=other&brand=ABCBS](https://www.anthem.com/health-insurance/provider-directory/searchcriteria?refSource=other&brand=ABCBS)
2. Select ‘Search by Selecting Plan or Network’ under Search as a Guest
3. Select ‘Medical’ for type of care you are searching for
4. Select State
5. Select Plan - Medical – Employer Sponsored – National PPO BlueCard PPO
6. Select and Continue
7. Select Doctor/Med Prof or Hospital/Facilities under “I am looking for?”
8. Select the specialty you are looking for from the drop-down box under “Who specializes in” - Recommended selection “All Specialties”
9. Enter the city, and state or Zip code where you would like to find a provider, as well as how far you are willing to travel under “Within a distance of”
10. Click on the Search button
11. A list with participating providers that fit your criteria will appear

*You may register your medical ID # and create a login to have more options

Please contact the Fund office at (515) 243-3246 if you have questions about this information