Why Use Doctors Now & Urgent Care

Cost difference & hours of availability.

The benefits of using Doctors Now or Urgent Care as opposed to your regular doctor for illness or routine services (Doctors Now only):

- **Cost** - When using Doctors Now or an Urgent Care the office visit charges are often less than your regular doctor.
- **Wait times** - Even though you have an appointment this does not mean you will be seen on time. When you use Doctors Now or Urgent Care and do not make an appointment your average wait time could be 15 minutes or less.
- **Hours of availability** - You are able to walk-in to Doctors Now or Urgent Care Clinics without an appointment. They are usually open during regular business hours with extended hours in the evening and weekend.

Below is a quick reference to some clinics and days of the week that they are open. Please call the clinic to get specific hours of operation. Also, Mercy and Iowa Health have Nurse Lines that are open 24/7. They can help answer general health concerns and find clinics that are open.

**MERCY** ([www.mercydesmoines.org](http://www.mercydesmoines.org)):
- Mercy East- 515.643.2400- Monday-Sunday
- Mercy East Village- 515.643.0833- Monday- Sunday
- Mercy North- 515.643.8100 Monday-Sunday
- Mercy South- 515.643.9400 Monday-Sunday
- Mercy West- 515.222.7010 Monday-Sunday

**IOWA HEALTH** ([www.ihs.org](http://www.ihs.org)):
- Ankeny- 515.964.4600- Monday-Sunday
- Highland Park- 515.262.0404- Monday-Saturday
- Merle Hay- 515.278.0949- Monday-Sunday
- Southglen- 515.953.1500- Monday-Sunday
- Lakeview- 515.241.2600- Monday-Sunday
- Urbandale- 515.276.3406- Monday-Sunday

**DOCTORS NOW** ([www.doctorsnow.com](http://www.doctorsnow.com)):
- Altoona- 515.645.9905- Monday-Sunday
- Johnston- 515.270.1000- Monday-Sunday
- West Des Moines- 515.471.1860- Monday-Sunday

**NURSE LINE**:
- Mercy Nurse- 515.243-2584
- Iowa Health-My Nurse- 1.800.424.3258

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**Use Urgent Care for:**
- Allergies
- Sinus problems
- Injuries/pain
- Diarrhea and or nausea
- Fever/flu like symptoms
- Cough, sore throat, cold symptoms
- Minor cuts, scrapes, burns, sprains, strains, broken bones, rash etc.
- Headache
- Ear ache
- Eye infection

**Use Doctors Now for:**
- Routine services (these cannot be done at urgent care)
- Allergies
- Sinus problems
- Injuries/pain
- Diarrhea and or nausea
- Fever/flu like symptoms
- Cough, sore throat, cold symptoms
- Minor cuts, scrapes, burns, sprains, strains, broken bones, rash etc.
- Head or ear ache
- Eye infection

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Plumbers & Steamfitters Local 33
Fund Office

If you have additional questions please feel free to contact the Fund Office.

Phone: 515.243.3246
Fax: 515.244.6606
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Des Moines, IA 50321