

2012 Health Fair

Dates: May 17 & 18, 2012

Location: Union Hall

2501 Bell Avenue

Des Moines, IA 50321

Times: Appointments from 6:00 am - 6:00 pm

8 hour fast is required.

****Free of charge to all members and spouses!****

Please call the Fund Office to schedule your appointment (515) 243-3246.



The 5 Essentials of Maximized Living

Seminar for all Local 33 Members, Spouses, Family and Friends!

Date: February 9, 2012

Location: Union Hall

2501 Bell Avenue

Des Moines, IA 50321

Time: 5:30 pm - 8:30 pm

This seminar will blow your mind and offer amazing education
on how to improve your health and well being!

Please call the Fund Office to reserve your spot (515) 243-3246.